



# Oriental Medicine *(awr-ee-en-tl)*

n. based on concepts of Yin and Yang, aims to understand and treat the many ways in which the fundamental balance and harmony between the two may be undermined and the ways in which a person's Qi or vitality may be depleted or blocked. Includes herbal therapy, acupuncture, dietary therapy and exercises in breathing and movement.

## Department of Acupuncture & Oriental Medicine

The focus of this curriculum in the Doctor of Naturopathic Medicine program is to train students to practice safely and competently while providing basic competency in Traditional Chinese Medicine (TCM) for the diagnosis and treatment of common disorders using acupuncture.

### Yong Deng, M.D. (China), LAc. - Department Chair, Professor

Dr. Yong Deng is a graduate, former faculty and physician of Chengdu University of Traditional Chinese Medicine, P.R. China. He practiced and taught acupuncture and Chinese herbal medicine at the schools teaching hospital for 13 years before being invited to SCNM in 1996. Dr. Deng is an internationally well-known lecturer and practitioner of TCM. He has 25 years experience in practicing acupuncture, Chinese herbs and Tui Na (Chinese therapeutic massage) for a wide range of diseases and conditions including pain syndromes, infertility, allergies, depression, lack of energy, cancer, stroke, gynecological disorders and GI problems. He has held many esteemed positions in China and the United States and is the Director of the International Association of Integrated Medicine (IAIM), and a member of the State of Arizona Acupuncture Board of Examiners. Dr. Deng has published over 30 articles on TCM and several books including the Encyclopedia of Chinese and U.S. Patent Herbal Medicines.

### Brendan McCarthy, N.D., LAc., Adjunct Faculty

SCNM's ND program offers a well balanced and comprehensive curriculum designed to offer the maximum number of credits in each Naturopathic modality. We believe this provides our students with the broadest education to become managers of total integrated Naturopathic Medicine. As part of the required ND curriculum, students will take 20.5 credits in the Department of Acupuncture and Oriental Medicine. Four clinical credits are offered each quarter.



# COURSES

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## **OMND 600 Theory and Fundamentals of Oriental Medicine (Lecture 3)**

This course introduces the fundamental concepts of Oriental Medicine, including yin yang, five elements theory, zang-fu organ systems, qi, blood and body fluid, meridian systems, TCM etiology, treatment principles and eight phases theory. This course lays a foundation for further study.

*Prerequisites: None*

## **OMND 610 Traditional Chinese Medicine Diagnosis (Lecture 3)**

In this course, the basics of TCM history and diagnosis are studied. TCM case history taking, including the classic 10 questions and significance of elucidated symptoms are explored, as well as TCM classic diagnostic techniques such as tongue and pulse diagnosis. The syndrome differentiation based on Eight Principles is also discussed.

*Prerequisites: OMND 600*

## **OMND 705 Meridians and Points I (Lecture/Lab 2/.5)**

## **OMND 710 Meridians and Points II (Lecture/Lab 2/.5)**

This two-course sequence covers the TCM acupuncture points and meridians. The location and function of acupuncture points of each meridian are studied. Practical, hands-on experience in point location occurs with the supervision of an experienced acupuncturist.

*Prerequisites: OMND 610, ANAT 627 for OMND 705; OMND 705 for OMND 710*

## **OMND 725 Traditional Chinese Medicine Pathology (Lecture 4)**

In TCM, treatment plans are based on symptom patterns. In this course, students will learn to identify key symptoms of the zang-fu organ patterns and the method of syndrome differential diagnosis of TCM according to zang-fu organ systems theory. Therapeutic principles and acupuncture treatments for individual patterns are also discussed.

*Prerequisites: OMND 710*

## **OMND 735 Acupuncture Techniques (Lecture/Lab 1/.5)**

This course covers basic needling techniques used in acupuncture, such as needle insertion, tonification, reduction, moxibustion, and scalp acupuncture. Practical experience in needling technique occurs under the supervision of an experienced acupuncturist. Clean needle and safe needling techniques are introduced.

*Prerequisites: OMND 710 and OMND 725*

## **OMND 815 Oriental Medicine Case Analysis and Management I (Lecture 2)**

In this course, a case analysis approach illustrates the disease entities commonly encountered in clinical practice. Students translate western disease assessments into TCM syndromes. The differential diagnosis of syndromes is reviewed, along with the therapeutic principles required for acupuncture, Chinese prepared medicines, and diet therapy.

*Prerequisites: OMND 710, and OMND 735*

## **OMND 865 Oriental Medicine Case Analysis and Management II (Lecture 2)**

This course continues the exploration that began in OMND 815 of case analysis and management of the disease entities commonly encountered in practice. The differential diagnosis of syndromes is reviewed, along with the therapeutic principles required for effective treatment. Acupuncture protocols are emphasized, along with Chinese prepared medicines.

*Prerequisites: OMND 815*

## **OMND 890 Chinese Prepared Medicines (Elective)(Lecture 3)**

This course explores Chinese prepared medicines for common syndromes and disorders because the acupuncture practitioner in North America commonly uses pill or tincture forms for adjunctive therapy. This course trains the student in the skills necessary to critically evaluate the many products available. Classical Chinese patent medicines and contemporary North American Chinese prepared formulas are discussed.

*Prerequisites: OMND 610 and OMND 725*

## **CLTR 600 On Site Oriental Medicine Rotations (4 credits offered/Quarter)**

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*SCNM occasionally offers electives in the Naturopathic medical degree program. Electives are courses that are not part of the total required curriculum credits and are not part of the required core-course curriculum.*