

Doctor of Naturopathic Medicine Program

Students at Southwest College of Naturopathic Medicine & Health Sciences are trained to become primary care physicians with a focus in natural therapeutics and prevention. The Doctor of Naturopathic Medicine program is a four-year professional-level medical degree program. Upon successful completion of graduation requirements, the student is awarded a Doctor of Naturopathic Medicine degree.

SCNM has been recognized for its curricular innovations which are aimed at adapting adult learning theory to medical education. Educational emphasis has shifted from the learning of facts to teaching students the skills they will need to be effective lifelong learners. SCNM is truly on the forefront of medical education delivery.

The program's educational initiatives are aimed at improving the integration of the basic sciences and clinical sciences and integrating team based learning throughout the curriculum. Our progressive curriculum includes:

- Clinical experiences beginning in the first year and continuing throughout the curriculum
- Integration of content by body systems,
- Case-based instruction and testing – in preparation for the board examinations
- Team-based learning
- Selectives (*mandatory electives*): student choices in didactic courses and clinical electives.

Program of Study - YEAR ONE

Course #	Year 1 Quarter 1	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
CLPR 5010	Introduction to Clinical Practice I ¹	24			24	4.0
CLPR 5010L	Intro. to Clinical Prac. Skills Lab I ^{*1}	24			24	
HUBI 5010	Human Biology I			180	180	21.0
HUBI 5010L	Human Biology Lab I ^{**}		48		48	
HUBI 5010A	Human Biology Applications I ^{**}			24	24	
NTMD 5010	Philosophical & Histor. Foundations of Naturopathic Medicine			24	24	2.0
Year 1 Quarter 1 Totals		48	48	228	324	27.0

Course #	Year 1 Quarter 2	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
CLPR 5020	Introduction to Clinical Practice II ¹	24			24	4.0
CLPR 5020L	Intro to Clin. Prac. Skills Lab II ^{*1}	24			24	
HUBI 5020	Human Biology II			180	180	21.0
HUBI 5020L	Human Biology Lab II ^{**}		48		48	
HUBI 5020A	Human Biology Applications II ^{**}			24	24	
NTMD 5020	Philosophical & Histor. Foundations of Naturopathic Medicine II			24	24	2.0
Year 1 Quarter 2 Totals		48	48	228	324	27.0

Course #	Year 1 Quarter 3	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
CLPR 5030	Introduction to Clinical Practice III ¹	24			24	4.0
CLPR 5030L	Intro to Clin. Prac. Skills Lab III ^{*1}	24			24	
HUBI 5030	Human Biology III			180	180	23.0
HUBI 5030L	Human Biology Lab III ^{**}		72		72	
HUBI 5030A	Human Biology Applications III ^{**}			24	24	
NTMD 5030	Philosophical & Histor. Foundations of Naturopathic Medicine III			24	24	2.0
Year 1 Quarter 3 Totals		48	72	228	348	29.0
Grand Totals - Year 1		144	168	684	996	83.0

¹Lab credit hours are included in each Intro.to Clinical Practice course.

^{**}Lab and Applications credit hours are included in each Human Biology course.

¹These may not be counted toward the 1200 clock hours of clinical training required by CNME.

Program of Study - YEAR ONE (cont.)

Course #	Year 1 Quarter 3	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
TBD	Didactic Selectives			72	72	6.0
CLTR 6700	Medicinary Posts ¹	12			12	1.0
CLTR 6000	Field Observation ²	60			60	5.0
Year 1 Summer Totals		72	0	72	144	12

*Students who enter in the fall may elect to attend the Year 1 Summer Quarter.

¹These hours do not count toward the 1200 clock hrs. of clinical training required by CNME.

²These hours count toward the 1200 clock hours of clinical training required by CNME.

Program of Study – YEAR TWO

Course #	Year 2 Quarter 4	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
GNMD 6010	General Medical Diagnosis I			120	120	10.0
CLPR 6040	Clinical Practice I ¹	24			24	4.0
CLPR 6040L	Clinical Practice Skills Lab I* ¹	24			24	
ENVM 6010	Environmental Medicine I & II			30	30	2.5
ENVM 6010L	Environmental Medicine Lab		18		18	1.5
PSYC 6010	Mind-Body Medicine I			24	24	2.0
MNGT 6010	Practice Management I			12	12	1.0
OMND 6010	Oriental Medicine I			30	30	2.5
PHAR 6010	Pharmacology I			24	24	2.0
PHMD 6010	Physical Medicine I			12	12	1.0
PHMD 6010L	Physical Medicine Lab I		12		12	1.0
Year 2 Quarter 4 Totals		48	30	252	330	27.5

Course #	Year 2 Quarter 5	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
GNMD 6020	General Medical Diagnosis II			120	120	10.0
CLPR 6050	Clinical Practice II ¹	24			24	4.0
CLPR 6050L	Clinical Practice Skills Lab II* ¹	24			24	
BOTM 6010	Botanical Medicine I			24	24	2.0
NUTR 6010	Nutrition I			24	24	2.0
OMND 6020	Oriental Medicine II			30	30	2.5
PHAR 6020	Pharmacology II			48	48	4.0
PHMD 6020	Physical Medicine II			24	24	2.0
PHMD 6020L	Physical Medicine Lab II		24		24	2.0
Year 2 Quarter 5 Totals		48	24	270	342	28.5

Course #	Year 2 Quarter 6	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
GNMD 6030	General Medical Diagnosis III			120	120	10.0
CLPR 6060	Clinical Practice III ¹	24			24	4.0
CLPR 6060L	Clinical Practice Skills Lab III* ¹	24			24	
HMEO 6010	Homeopathy I			24	24	2.0
NUTR 6020	Nutrition II			30	30	2.5
OMND 6030	Oriental Medicine III			18	18	1.5
OMND 6030L	Oriental Medicine Lab III		12		12	1.0
PHAR 6030	Pharmacology III			24	24	2.0
PHMD 6030	Physical Medicine III			24	24	2.0
PHMD 6030L	Physical Medicine Lab III		24		24	2.0
Year 2 Quarter 6 Totals		48	36	240	324	27

Program of Study - YEAR TWO (cont.)

Course #	Year 2 Quarter 7	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
BOTM 6020L	Botanical Medicine Lab II**		24		24	2.0
GNMP 6010	General Medical Practice I: Psychiatric Cond.			12	12	1.0
GNMP 6011	General Medical Practice I: Dermatology			12	12	1.0
GNMP 6012	General Medical Practice I: EENT			18	18	1.5
PSYC 6020	Mind-Body Medicine II			12	12	1.0
OMND 6040	Oriental Medicine IV			18	18	1.5
OMND 6040L	Oriental Medicine Lab IV		12		12	1.0
PHMD 6040	Physical Medicine IV			12	12	1.0
PHMD 6040L	Physical Medicine Lab IV		12		12	1.0
TBD	Didactic Selectives***			72	72	6.0
CLTR 6600	Lab Posts**** ¹	12			12	1.0
CLTR 6700	Medicinary Posts**** ¹	12			12	1.0
CLTR 6000	Field Observation ²	60			60	5.0
CLTR 4300	Clinical Entry Exam ¹	12			12	1.0
Year 2 Quarter 7 Totals		96	48	156	300	25
Grand Totals - Year 2		240	138	918	1296	108

*Lab credit hours are included in each Clinical Practice course.

**Botanical Medicine Lab II must be taken in Qtr. 6 or 7.

***The 12 total credit hours of didactic selectives may be taken in Qtrs. 7-14.

****Lab and Medicinary Posts may be taken in Qtrs. 7-14.

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Program of Study - YEAR THREE

Course #	Year 3 Quarter 8	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
BOTM 7030	Botanical Medicine III			24	24	2.0
GNMP 7020	General Medical Practice II: Gastroenterology			30	30	2.5
GYNE 7010	Gynecology I			36	36	3.0
HMEO 7020	Homeopathy II			24	24	2.0
NUTR 7030	Nutrition III			30	30	2.5
OMND 7050	Oriental Medicine V			42	42	3.5
OMND 7060	Oriental Medicine VI			12	12	1.0
OMND 7060L	Oriental Medicine Lab VI		6		6	0.5
PHMD 7050	Physical Medicine V			12	12	1.0
PHMD 7050L	Physical Medicine Lab V		12		12	1.0
CLTR 7000	Clinical Clerkships (2) ¹	96			96	8.0
Year 3 Quarter 8 Totals		96	18	210	324	27

Course #	Year 3 Quarter 9	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
BOTM 7040	Botanical Medicine IV			24	24	2.0
GNMP 7030	General Medical Practice III: Endocrinology			30	30	2.5
GNMP 7031	General Medical Practice III: Hematology			12	12	1.0
GYNE 7020L	Gynecology I Lab*		24		24	2.0
HMEO 7030	Homeopathy III			24	24	2.0
MNGT 7020	Practice Management II			12	12	1.0
NUTR 7040	Nutrition IV			12	12	1.0
OBST 7010	Obstetrics			30	30	2.5
OMND 7070	Oriental Medicine VII			24	24	2.0
PEDS 7010	Pediatrics I			24	24	2.0
CLTR 7000	Clinical Clerkships (2) ¹	96			96	8.0
Year 3 Quarter 9 Totals		96	24	192	312	26

Course #	Year 3 Quarter 10	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
BOTM 7050	Botanical Medicine V			24	24	2.0
GNMP 7040	General Med. Practice IV: Cardio./Vasc. Med.			18	18	1.5
GNMP 7041	General Medical Practice IV: Pulmonology			18	18	1.5
HMEO 7040	Homeopathy IV			24	24	2.0
MNGT 7030	Practice Management III			12	12	1.0
NUTR 7050	Nutrition V			24	24	2.0
PSYC 7030	Mind-Body Medicine III			18	18	1.5
OMND 7080	Oriental Medicine VIII			18	18	1.5
PEDS 7020	Pediatrics II			24	24	2.0
CLTR 7000	Clinical Clerkships (3) ¹	144			144	12.0
CLTR 4500	Primary Status Clinical Exam ²	12			12	1.0
Year 3 Quarter 10 Totals		156	0	180	336	28

Program of Study - YEAR THREE (cont.)

Course #	Year 3 Quarter 11	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
CLTR 7000	Clinical Clerkships (5) ¹	162			162	13.5
TBD	Didactic Selectives**			72	72	6.0
Year 3 Quarter 11 Totals		162	0	72	234	19.5
Grand Totals - Year 3		510	42	654	1206	100.5

¹*Gynecology I Lab may be taken in Qtr. 9, 10, or 11."

**The 12 total credit hours of didactic selectives may be taken in Qtrs. 7-14.

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Program of Study – YEAR FOUR

Course #	Year 4 Quarter 12	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
GNMP 8050	General Med. Practice V: Rheumatology			24	24	2.0
GNMP 8051	General Med. Practice V: Muscul/Ortho			12	12	1.0
PSYC 8040	Mind-Body Medicine IV			18	18	1.5
MSRG 8010	Minor Surgery I			12	12	1.0
MSRG 8010L	Minor Surgery Lab I		12		12	1.0
CLTR 8000	Clinical Clerkships (5) ¹	240			240	20.0
Year 4 Quarter 12 Totals		240	12	66	318	26.5

Course #	Year 4 Quarter 13	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
ERMD 8010	Emergency Medicine I			24	24	2.0
GNMP 8060	General Medical Practice VI: Neurology			24	24	2.0
GNMP 8061	General Medical Practice VI: Oncology			18	18	1.5
MSRG 8020	Minor Surgery II			12	12	1.0
MSRG 8020L	Minor Surgery Lab II		12		12	1.0
CLTR 8000	Clinical Clerkships (5) ¹	240			240	20.0
Year 4 Quarter 13 Totals		240	12	78	330	27.5

Course #	Year 4 Quarter 14	Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
ERMD 8020	Emergency Medicine II			24	24	2.0
GNMP 8070	General Med. Practice VII: Urology/Kidn			18	18	1.5
GNMP 8071	General Medical Practice VII: Geriatrics			12	12	1.0
MNGT 8040	Practice Management IV			12	12	1.0
CLTR 8000	Clinical Clerkships (5) ¹	240			240	20.0
CLTR 4900	Clinical Exit Exam ²	12			12	1.0
Year 4 Quarter 14 Totals		252	0	66	318	26.5
Grand Totals - Year 4		732	24	210	966	80.5

		Contact Hours			Total Contact Hours	Total Credit Hours
		Clinic	Lab	Didactic		
Grand Totals (all four years)		1626	372	2466	4464	372.0

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Southwest College of Naturopathic Medicine & Health Sciences

2140 E. Broadway Rd., Tempe, AZ 85282
(toll-free) 888.882.7266 (local) 480.858.9100

www.scnm.edu