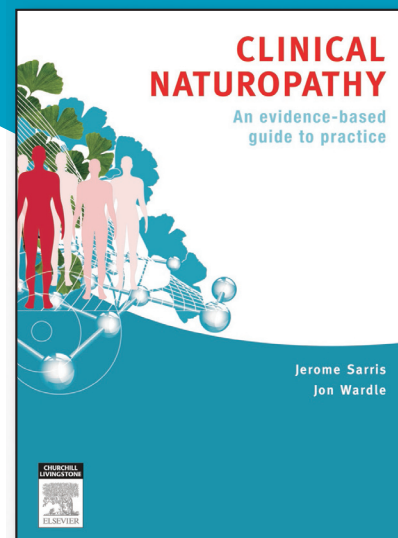


AUSTRALIAN PUBLICATION

CLINICAL NATUROPATHY

An evidence-based
guide to practice



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Clinical Naturopathy details key treatment protocols and “evidence-based” complementary medicine interventions for use in naturopathic practice. The book is written by leading practitioners in the field, exploring naturopathic treatments (herbal, nutritional, dietary, lifestyle) for a range of medical conditions that are commonly encountered in modern practice. The unique perspective of the book is that it combines clinical experience with evidence-based substantiation from rigorous research.

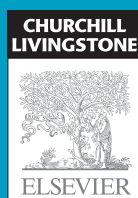
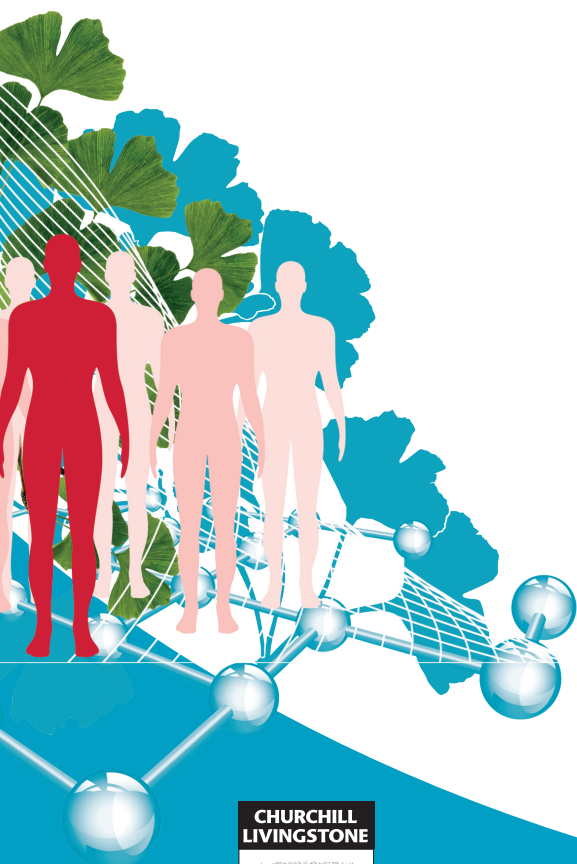
Case study examples at the end of chapters manifest the author's clinical knowledge, contextualising theory into relevant clinical application.

The book is a landmark guide to naturopathic practice.

Clinical Naturopathy initially outlines an introduction to Case Taking Methodology, as well as Diagnostic Techniques used by naturopaths, and then details treatment protocols and prescriptions to treat major health conditions within individual body systems. Special sections on naturopathic treatment at various stages of the life cycle (paediatrics, pregnancy, aging), and complex health conditions (e.g. HIV, Cancer, pain management), are also covered. Comprehensive appendices provide additional clinically important material, including reference levels for laboratory medical tests, nutrient food values, traditional Chinese medical diagnosis, and drug-CAM and chemotherapeutic and drug-CAM interaction tables.

This text will be essential reading for naturopathic students and practicing naturopaths, for practical application of their skills in a clinical setting, in addition to advancing their knowledge of evidence-based complementary medicine interventions. The book will also be a valuable resource on naturopathic practice for Allied Health and medical practitioners.

- Features**
- Currently no similar book exists globally
 - Addresses pre-clinical and clinical naturopathy subjects (3rd year to post-graduate level) teaching key treatment protocols and evidence-based prescription
 - Focuses on major medical conditions, and outlines naturopathic and integrative medical treatments
 - User-friendly clinical decision trees, tables, figures and case studies
 - Rigorously researched with over 4000 references



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