



SOUTHWEST COLLEGE OF

SCNM

NATUROPATHIC MEDICINE

What is Naturopathic Medicine?



Naturopathic Medicine Defined

Naturopathic medicine (NM) is a distinct system of primary health care - an art, science, philosophy and practice of diagnosis, treatment & prevention of illness. NM is distinguished by the principles upon which its practice is based. These principles are continually re-examined in the light of scientific advances. The techniques of NM include modern & traditional, scientific & empirical methods.

AANP adopted definition (1989)



Naturopathic Medicine Defined

- Naturopathy is not one particular approach to health care. Rather it is a collection of treatment methods that share a common philosophy.
- Naturopathy is a medical philosophy and practice that seeks to improve health and treat disease chiefly by assisting the body's innate capacity to recover from illness and injury.

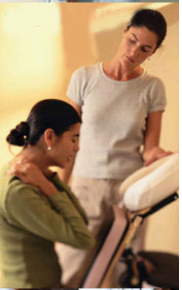


A New Generation of Healthcare

Naturopathic Medicine...

- Effectively treats conditions without drugs and surgery.
- Addresses the underlying cause of conditions.
- Does not create harmful side effects.
- Increases stamina and vitality by supporting physiologic processes.

Naturopathic Philosophies



- PRIMUM NON NOCERE

-First, Do No Harm

- VIS MEDICATRIX NATURAE

-Healing Power of Nature

- TOLLE TOTUM

-Treat the Whole Person

- DOCERE

-Physician as Teacher

- PRAEVENIRE

- Prevention is the Best Cure

- TOLLE CAUSUM

-Discover and Treat the Cause



Naturopathic Treatment Modalities

- Botanical Medicine

 - ❖ *Traditional herbal formulations derived from plants*

- Homeopathic Medicine

 - ❖ *Minute doses of a natural substance to induce healing*

- Clinical Nutrition

 - ❖ *Diet and nutrition as the foundation of health*

- Physical Medicine

 - ❖ *Physical therapy and spinal manipulation*



Naturopathic Treatment Modalities

- Oriental Medicine

 - ❖ *Acupuncture, acupressure and Eastern herbs*

- Minor Surgery

 - ❖ *Repair of superficial wounds and masses*

- Environmental Medicine

 - ❖ *Environmental toxins, biotransformation and immune function*

- Mind-Body Medicine/Counseling

 - ❖ *Mental attitude, stress management*



Licensure

- **National Board Exam, NPLEX:**
NABNE (www.nabne.org)

- **Current Licensed States/Provinces:**

Alaska, Arizona, California, Connecticut, Hawaii, Idaho, Kansas, Maine, Montana, Minnesota, New Hampshire, Oregon, Rhode Island, Utah, Vermont, Washington, Michigan, District of Columbia, Puerto Rico, Virgin Islands

- **Efforts to Encourage Licensure:**

Florida, Illinois, Massachusetts, North Carolina, New York

Scope of Practice

- Varies form state to state

- Primary Care -

Able to diagnose and treat patients for both acute and chronic conditions may include but is not limited to:

Nutrition, Botanical Medicine, NMT, Acupuncture, Homeopathy, Mind-Body, Natural Childbirth, Minor Surgery, Prescriptions (natural & synthetic)





Career Opportunities

- **Primary Care Physician**
- **Academia**
- **Research**
- **Author**
- **Consultant**
- **Natural Product Research & Development**



Websites

Council on Naturopathic Medicine

- www.cnme.org

American Association of Naturopathic Physicians

- www.naturopathic.org

Association of Accredited Naturopathic Medical Colleges

- www.aanmc.org

Naturopathic Public Awareness Campaign

- www.globalNPAC.org



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“The doctor of the future will give no medication, but will interest his patients in the care of the human frame, diet, and in the cause and prevention of disease.”

--Thomas Edison