

Students at Southwest College of Naturopathic Medicine & Health Sciences are trained to become primary care physicians with a focus in natural therapeutics and prevention. The Doctor of Naturopathic Medicine program is an accredited, professional-level medical degree program. Upon successful completion of graduation requirements, the student is awarded a Doctor of Naturopathic Medicine degree.

SCNM has been recognized for its curricular innovations which are aimed at adapting adult learning theory to medical education. Educational emphasis has shifted from learning facts to teaching students skills they will need to be effective lifelong learners. SCNM is truly on the forefront of medical education delivery.

The program's educational initiatives are aimed at improving the integration of basic sciences and clinical sciences and integrating team based learning throughout the curriculum.

### Our progressive curriculum includes:

- Clinical experiences beginning in the first year and continuing throughout the curriculum
- Integration of content by body systems
- Case-based instruction and testing – in preparation for board examinations
- Team-based learning
- Selectives (mandatory electives): student choices in didactic courses and clinical electives

## PROGRAM OF STUDY - YEAR ONE

COURSE #	YEAR ONE   QUARTER 1	CONTACT HOURS			TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
		CLINIC	LAB	DIDACTIC		
ANAT 5014	Regional Anatomy, Embryology and Histology I			55.0	55.0	5.0
ANAT 5014/L	Regional Anatomy, Embryology and Histology I Lab		33.0		33.0	3.0
PHYS 5014	Human Physiology and Endocrinology I			44.0	44.0	4.0
PHYS 5014/L	Human Physiology and Endocrinology I Lab		11.0		11.0	1.0
ICSA 5014	Integrated Case Studies Application I			11.0	11.0	1.0
BIOC 5014	Biochemistry I			44.0	44.0	4.0
RSCH 5014	Research I			11.0	11.0	1.0
CLPR 5010	Intro to Clinical Practice I <sup>1</sup>	22.0			22.0	2.0
CLPR 5010L	Intro to Clinical Practice Skills Lab I <sup>1</sup>	22.0			22.0	2.0
NTMD 5010	Philosophical and Historical Foundations of Nat Med I			22.0	22.0	2.0
	<b>YEAR ONE   QUARTER 1 TOTALS</b>	<b>44.0</b>	<b>44.0</b>	<b>187.0</b>	<b>275.0</b>	<b>25.0</b>
COURSE #	YEAR ONE   QUARTER 2	CLINIC	LAB	DIDACTIC	TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
ANAT 5024	Regional Anatomy, Embryology and Histology II			33.0	33.0	3.0
ANAT 5024/L	Regional Anatomy, Embryology and Histology II Lab		33.0		33.0	3.0
PHYS 5024	Human Physiology and Endocrinology II			44.0	44.0	4.0
PHYS 5024/L	Human Physiology and Endocrinology II Lab		11.0		11.0	1.0
ICSA 5024	Integrated Case Studies Application II			11.0	11.0	1.0
BIOC 5024	Biochemistry II			44.0	44.0	4.0
IMMU 5024	Immunology			33.0	33.0	3.0
RSCH 5024	Research II			11.0	11.0	1.0
CLPR 5020	Intro to Clinical Practice II <sup>1</sup>	22.0			22.0	2.0
CLPR 5020L	Intro to Clinical Practice Skills Lab II <sup>1</sup>	22.0			22.0	2.0
NTMD 5020	Philosophical and Historical Foundations of Nat Med II			22.0	22.0	2.0
	<b>YEAR 1 QUARTER 2 TOTALS</b>	<b>44.0</b>	<b>44.0</b>	<b>198.0</b>	<b>286.0</b>	<b>26.0</b>
COURSE #	YEAR ONE   QUARTER 3	CLINIC	LAB	DIDACTIC	TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
ANAT 5034	Regional Anatomy, Embryology and Histology III			33.0	33.0	3.0
ANAT 5034/L	Regional Anatomy, Embryology and Histology III Lab		33.0		33.0	3.0
PHYS 5034	Human Physiology and Endocrinology III			44.0	44.0	4.0
PHYS 5034/L	Human Physiology and Endocrinology III Lab		11.0		11.0	1.0
ICSA 5034	Integrated Case Studies Application III			11.0	11.0	1.0
MGEN 5034	Medical Genetics			44.0	44.0	4.0
MICR 5024	Microbiology I			33.0	33.0	3.0
MICR 5024L	Microbiology I Lab		22.0		22.0	2.0
CLPR 5030	Intro to Clinical Practice III <sup>1</sup>	22.0			22.0	2.0
CLPR 5030L	Intro to Clinical Practice Skills Lab III <sup>1</sup>	22.0			22.0	2.0
NTMD 5030	Philosophical and Historical Foundations of Nat Med III			22.0	22.0	2.0
	<b>YEAR ONE   QUARTER 3 TOTALS</b>	<b>44.0</b>	<b>66.0</b>	<b>187.0</b>	<b>297.0</b>	<b>27.0</b>

## PROGRAM OF STUDY - YEAR ONE (cont.)

COURSE #	YEAR ONE   QUARTER 4	CONTACT HOURS			TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
		CLINIC	LAB	DIDACTIC		
CAPS 5014	Basic Sciences Capstone/NPLEX Review (weeks 1 - 4)			44.0	44.0	4.0
GNMD 6014	Gen Med Diagnosis I (weeks 5 - 11)			77.0	77.0	7.0
ENVM 6010	Environmental Med			27.5	27.5	2.5
MICR 5034	Microbiology II			44.0	44.0	4.0
PSYC 6010	Mind Body Med: Fund of Mind-Body Med			22.0	22.0	2.0
OMND 6010	Oriental Med I: Theory Fundamentals of Oriental Med			27.5	27.5	2.5
PHMD 6010	Physical Med I: Intro to Phys Med and Orthopedics			11.0	11.0	1.0
PHMD 6010L	Physical Med I: Intro to Phys Med and Orthopedics Lab		11.0		11.0	1.0
	<b>YEAR ONE   QUARTER 4 TOTALS</b>	<b>0.0</b>	<b>11.0</b>	<b>253.0</b>	<b>264.0</b>	<b>24.0</b>
	<b>GRAND TOTALS   YEAR ONE</b>	<b>132.0</b>	<b>165.0</b>	<b>825.0</b>	<b>1122.0</b>	<b>102.0</b>

## PROGRAM OF STUDY - YEAR TWO

COURSE #	YEAR TWO   QUARTER 5	CLINIC	LAB	DIDACTIC	TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
CLPR 6040	Clinical Practice I <sup>1</sup>	22.0			22.0	2.0
CLPR 6040L	Clinical Practice Skills Lab I <sup>1</sup>	22.0			22.0	2.0
GNMD 6024	Gen Med Diagnosis II			99.0	99.0	9.0
BOTM 6010	Botanical Med I: Intro to Botanical Medicine			22.0	22.0	2.0
NUTR 6014	Nutrition I			22.0	22.0	2.0
OMND 6020	Oriental Med II: TCM Diagnosis			27.5	27.5	2.5
PHAR 6010	Pharmacology and Pharmacotherapeutics I			33.0	33.0	3.0
PHMD 6020	Physical Med II: Nat Manipulative Treatment Assessment & App I			22.0	22.0	2.0
PHMD 6020L	Physical Med II: Nat Manipulative Treatment Assessment & App I Lab		22.0		22.0	2.0
	<b>YEAR TWO   QUARTER 5 TOTALS</b>	<b>44.0</b>	<b>22.0</b>	<b>225.5</b>	<b>291.5</b>	<b>26.5</b>

COURSE #	YEAR TWO   QUARTER 6	CLINIC	LAB	DIDACTIC	TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
CLPR 6050	Clinical Practice II <sup>1</sup>	22.0			22.0	2.0
CLPR 6050L	Clinical Practice Skills Lab II <sup>1</sup>	22.0			22.0	2.0
GNMD 6034	Gen Med Diagnosis III			99.0	99.0	9.0
BOTM 6020L	Botanical Med Lab II: Pharmacy of Botanical Med (may be taken in Qtr 6 or Qtr 7)		22.0		22.0	2.0
NUTR 6024	Nutrition II			27.5	27.5	2.5
OMND 6030	Oriental Med III: Meridians & Points I			22.0	22.0	2.0
OMND 6030L	Oriental Med III: Meridians & Points I Lab		11.0		11.0	1.0
MNGT 6010	Practice Management I: Operations (weekend intensive) (Spring entry only)			11.0	11.0	1.0
PHAR 6020	Pharmacology and Pharmacotherapeutics II			33.0	33.0	3.0
PHMD 6030	Physical Med III: Nat Manipulative Treatment Assessment & App II			22.0	22.0	2.0
PHMD 6030L	Physical Med III: Nat Manipulative Treatment Assessment & App II Lab		22.0		22.0	2.0
	<b>YEAR TWO   QUARTER 6 TOTALS</b>	<b>44.0</b>	<b>55.0</b>	<b>214.5</b>	<b>313.5</b>	<b>28.5</b>

COURSE #	YEAR TWO   QUARTER 7	CLINIC	LAB	DIDACTIC	TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
CLPR 6060	Clinical Practice III <sup>1</sup>	22.0			22.0	2.0
CLPR 6060L	Clinical Practice Skills Lab III <sup>1</sup>	22.0			22.0	2.0
GNMD 6044	Gen Med Diagnosis IV			88.0	88.0	8.0
HME0 6010	Homeopathy I			22.0	22.0	2.0
PSYC 6024	Mind Body Med: Intro to Medical Psychotherapy			16.5	16.5	1.5
OMND 6040	Oriental Med IV: Meridians & Points II			16.5	16.5	1.5
OMND 6040L	Oriental Med IV: Meridians & Points II Lab		11.0		11.0	1.0
PHAR 6030	Pharmacology and Pharmacotherapeutics III			33.0	33.0	3.0
PHMD 6040	Physical Med IV: Physiotherapy Modalities			11.0	11.0	1.0
PHMD 6040L	Physical Med IV: Physiotherapy Modalities Lab		11.0		11.0	1.0
PHMD 6054	Physical Med V: Principles of Hydrotherapy			11.0	11.0	1.0
PHMD 6054L	Physical Med V: Principles of Hydrotherapy Lab		22.0		22.0	2.0
CLTR 4304	Clinic Entry Skills Assessment 1	16.5			16.5	1.5
	<b>YEAR TWO   QUARTER 7 TOTALS</b>	<b>60.5</b>	<b>44.0</b>	<b>198.0</b>	<b>302.5</b>	<b>27.5</b>

COURSE #	YEAR TWO   QUARTER 8	CLINIC	LAB	DIDACTIC	TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
CAPS 6024	NPLEX I Review (weeks 1-3)			60.0	60.0	0.0
MNGT 6010	Practice Management I: Operations (weekend intensive) (Fall entry only) OR			11.0	11.0	1.0
MNGT 7020	Practice Management II: Marketing (weekend intensive) (Spring entry only)			11.0	11.0	1.0
GNMP 6011	Gen Med Practice: Dermatology (weeks 4-11)			11.0	11.0	1.0
GNMP 6012	Gen Med Practice: EENT (weeks 4-11)			22.0	22.0	2.0
OMND 7054	Oriental Med V: TCM Pathology I (weeks 4-11)			16.5	16.5	1.5
	<b>YEAR TWO   QUARTER 8 TOTALS</b>	<b>0.0</b>	<b>0.0</b>	<b>120.5</b>	<b>120.5</b>	<b>5.5</b>
	<b>GRAND TOTALS   YEAR TWO</b>	<b>148.5</b>	<b>121.0</b>	<b>758.5</b>	<b>1028.0</b>	<b>88.0</b>

## PROGRAM OF STUDY - YEAR THREE

COURSE #	YEAR THREE   QUARTER	CONTACT HOURS			TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
		CLINIC	LAB	DIDACTIC		
BOTM 7030	Botanical Med III: Nat Mat Med Pharm & Ther I			22.0	22.0	2.0
GNMP 7020	Gen Med Practice: Gastroenterology			27.5	27.5	2.5
GYNE 7010	Gynecology I			33.0	33.0	3.0
HME0 7020	Homeopathy II			22.0	22.0	2.0
NUTR 7034	Nutrition III			27.5	27.5	2.5
OMND 7055	Oriental Med V: TCM Pathology II			27.5	27.5	2.5
OMND 7060	Oriental Med VI: Acupuncture Techniques			11.0	11.0	1.0
OMND 7060L	Oriental Med VI: Acupuncture Techniques Lab		11.0		11.0	1.0
MNGT 7030	Practice Management III: Leadership (weekend intensive) (Spring entry only)			11.0	11.0	1.0
CLTR 7000	Clinical Clerkships (2) <sup>2</sup>	88.0			88.0	8.0
<b>YEAR THREE   QUARTER 9 TOTALS</b>		<b>88.0</b>	<b>11.0</b>	<b>181.5</b>	<b>280.5</b>	<b>25.5</b>
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<b>COURSE #</b>	<b>YEAR THREE   QUARTER 10</b>	<b>CLINIC</b>	<b>LAB</b>	<b>DIDACTIC</b>		
BOTM 7040	Botanical Med IV: Nat Mat Med Pharm & Ther II			27.5	27.5	2.5
GNMP 7030	Gen Med Practice: Endocrinology			27.5	27.5	2.5
GNMP 7031	Gen Med Practice: Hematology			11.0	11.0	1.0
GYNE 7020L	Gynecology Lab (may be taken in Qtr 10 or Qtr 11)		22.0		22.0	2.0
HME0 7030	Homeopathy III			22.0	22.0	2.0
MNGT 7020	Practice Management II: Marketing (weekend intensive) (Fall entry only)			11.0	11.0	1.0
MSRG 7010	Minor Surgery I			16.5	16.5	1.5
MSRG 7010L	Minor Surgery I Lab		11.0		11.0	1.0
OBST 7010	Obstetrics			27.5	27.5	2.5
OMND 7070	Oriental Med VII: Case Analysis and Management I			22.0	22.0	2.0
NUTR 7044	Nutrition IV			22.0	22.0	2.0
CLTR 7000	Clinical Clerkships (2) <sup>2</sup>	88.0			88.0	8.0
<b>YEAR THREE   QUARTER 10 TOTALS</b>		<b>88.0</b>	<b>33.0</b>	<b>187.0</b>	<b>308.0</b>	<b>28.0</b>
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<b>COURSE #</b>	<b>YEAR THREE   QUARTER 11</b>	<b>CLINIC</b>	<b>LAB</b>	<b>DIDACTIC</b>		
BOTM 7050	Botanical Med V: Nat Mat Med Pharm & Ther III			22.0	22.0	2.0
GNMP 7040	Gen Med Practice: Cardio/Vasc Med			16.5	16.5	1.5
HME0 7040	Homeopathy IV			22.0	22.0	2.0
MNGT 7030	Practice Management III: Leadership (weekend intensive) (Fall entry only)			11.0	11.0	1.0
PSYC 7030	Mind Body Med: Affect Psychotherapy /Crisis Intervention			22.0	22.0	2.0
OMND 7080	Oriental Med VIII: Case Analysis and Management II			22.0	22.0	2.0
PEDS 7010	Pediatrics I			22.0	22.0	2.0
CLTR 7000	Clinical Clerkships (2) <sup>2</sup>	88.0			88.0	8.0
CLTR 4504	Comprehensive Clinical Skills Assessment I <sup>1</sup>	22.0			22.0	2.0
<b>YEAR THREE   QUARTER 11 TOTALS</b>		<b>110.0</b>	<b>0.0</b>	<b>137.5</b>	<b>247.5</b>	<b>22.5</b>
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<b>COURSE #</b>	<b>YEAR THREE   QUARTER 12</b>	<b>CLINIC</b>	<b>LAB</b>	<b>DIDACTIC</b>		
PEDS 8020	Pediatrics II			22.0	22.0	2.0
ERMD 8014	Emergency Medicine			33.0	33.0	3.0
GNMP 7041	Gen Med Practice: Pulmonology			16.5	16.5	1.5
CLTR 7000	Clinical Clerkships (5) <sup>2</sup>	220.0			220.0	20.0
<b>YEAR THREE   QUARTER 12 TOTALS</b>		<b>220.0</b>	<b>0.0</b>	<b>71.5</b>	<b>291.5</b>	<b>26.5</b>
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<b>GRAND TOTALS   YEAR THREE</b>		<b>506.0</b>	<b>44.0</b>	<b>555.5</b>	<b>1105.5</b>	<b>100.5</b>

# PROGRAM OF STUDY - YEAR FOUR

COURSE #	YEAR FOUR   QUARTER 13	CONTACT HOURS			TOTAL CONTACT HOURS	TOTAL CREDIT HOURS
		CLINIC	LAB	DIDACTIC		
GNMP 8050	Gen Med Practice: Rheumatology			22.0	22.0	2.0
GNMP 8051	Gen Med Practice: Muscul / Ortho			11.0	11.0	1.0
PSYC 8040	Mind Body Med: Medical Mgmt of Addiction			16.5	16.5	1.5
MNGT 8040	Practice Management IV: Administration (weekend intensive) (Spring entry only)			11.0	11.0	1.0
MSRG 8020	Minor Surgery II			11.0	11.0	1.0
MSRG 8020L	Minor Surgery Lab II		11.0		11.0	1.0
CLTR 8000	Clinical Clerkships (5) <sup>2</sup>	220.0			220.0	20.0
<b>YEAR FOUR   QUARTER 13 TOTALS</b>		<b>220.0</b>	<b>11.0</b>	<b>71.5</b>	<b>302.5</b>	<b>27.5</b>
COURSE #	YEAR FOUR   QUARTER 14	CLINIC	LAB	DIDACTIC		
GNMP 8060	Gen Med Practice: Neurology			22.0	22.0	2.0
GNMP 8061	Gen Med Practice: Oncology			16.5	16.5	1.5
CLTR 8000	Clinical Clerkships (5) <sup>2</sup>	220.0			220.0	20.0
CLTR 4904	Comprehensive Clinical Skills Assessment II <sup>1</sup>	22.0			22.0	2.0
<b>YEAR FOUR   QUARTER 14 TOTALS</b>		<b>242.0</b>	<b>0.0</b>	<b>38.5</b>	<b>280.5</b>	<b>25.5</b>
COURSE #	YEAR FOUR   QUARTER 15	CLINIC	LAB	DIDACTIC		
CAPS 8034	NPLEX II Review (weeks 1-11)			60.0	60.0	0.0
GNMP 8070	Gen Med Practice: Urology / Kidney / Male (weeks 1-8)			16.5	16.5	1.5
GNMP 8071	Gen Med Practice: Geriatrics (weeks 1-8)			22.0	22.0	2.0
GNMP 8074	Gen Med Practice: Men's Health (weeks 1-8)			11.0	11.0	1.0
MNGT 8040	Practice Management IV: Administration (weekend intensive)(Fall entry only)			11.0	11.0	1.0
CLTR 8000	Clinical Clerkships (5) <sup>2</sup> (onsite) (weeks 1-11)	220.0			220.0	20.0
<b>YEAR FOUR   QUARTER 15 TOTALS</b>		<b>220.0</b>	<b>0.0</b>	<b>120.5</b>	<b>340.5</b>	<b>25.5</b>
COURSE #	ADDITIONAL COURSES & CREDITS FOR DEGREE COMPLETION	CLINIC	LAB	DIDACTIC		
TBD	Didactic Selectives* (may be taken in Qtrs 4-15)			132.0	132.0	12.0-20.0
CLTR 6600	Lab Post <sup>1**</sup> (may be taken in Qtrs 4-8)	11.0			11.0	1.0
CLTR 6704	Medicinary/IV Post <sup>1**</sup> (may be taken in Qtrs 4-8)	11.0			11.0	1.0
CLTR 6000	Field Observation <sup>2</sup> (may be taken in Qtrs 4-8)	44.0			44.0	4.0
CLTR 6100	Break Rotation <sup>2***</sup> (may be taken Quarters 9-15)	44.0			44.0	4.0
<b>TOTALS</b>		<b>110.0</b>	<b>0.0</b>	<b>132.0</b>	<b>242.0</b>	<b>22.0</b>
<b>GRAND TOTALS   YEAR FOUR</b>		<b>792.0</b>	<b>11.0</b>	<b>351.5</b>	<b>1154.5</b>	<b>99.5</b>
GRAND TOTALS   ALL FOUR YEARS		CLINIC	LAB	DIDACTIC	TOTAL	
CREDIT HOURS		139.5	17.0	227.5	390.0	
CONTACT HOURS		1578.5	341.0	2490.5	4410.0	
CNME REQUIREMENT GRAND TOTAL   ALL FOUR YEARS		CLINIC				
CREDIT HOURS		112.0				
CLERKSHIP CONTACT HOURS		1232.0				

\*The 12 -20 total credit hours of didactic selectives may be taken in Qtrs 4-15 (RSCH 6600 may be taken in Qtrs 2 -15)

\*\* The lab post and medicinary/IV posts may be taken in Qtrs 4-8

\*\*\*The 4 credit break rotation can be taken in Qtrs 9-15

<sup>1</sup> These hours do not count toward the 1200 clock hours of clinical training required by CNME.

<sup>2</sup> These hours count toward the 1200 clock hours of clinical training required by CNME.



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