At Southwest College of Naturopathic Medicine & Health Sciences, we seek people who love science and marvel at the healing power of nature, and who recognize there is more to medicine than drugs and surgery. Here you will experience the most challenging and the most exhilarating years of your life. Discover the physician within you, Change the world around you. Evidence-based, naturally.

“Every person has a passion or calling to do something in this world. Mine is to be a naturopathic physician.”

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Since you are reading this brochure during the pandemic, you probably wonder what has changed at SCNM. In some ways, everything. In other ways, nothing.

Everything Two weeks after the pandemic struck in March 2020, SCNM students and faculty made the abrupt transition to online learning and teaching. The two years SCNM spent building an online learning platform to offer a Master of Science in Clinical Nutrition degree paved a smooth path forward for the Doctor of Naturopathic Medicine program. Students adapted to the virtual environment. Faculty worked countless hours to migrate their courses – 74 just for the Fall Quarter – from Zoom to the more robust Canvas learning management system. SCNM’s Academic Department created an online instruction course so faculty could incorporate best practices in online instruction into their courses. The Department of Information Technology refreshed the entire IT infrastructure with new servers, routers and double the bandwidth. Student Affairs engaged the student body with weekly Class President Town Halls to identify and address issues related to remote learning. Patient care and clinical training relied primarily on telemedicine, while preserving optional student in-person clinic rotations.

Nothing SCNM’s Core Values didn’t change. We achieve excellence; We are resilient; We shape the future; We do the right thing; and, We love – these values guided our decisions and reinforced our convictions. Classes, clinical rotations, and many laboratory sections continued uninterrupted. At the first wave’s height, the Arizona Department of Health Services tapped SCNM physicians and students to hold on-campus COVID-19 testing. The Ric Scalzo Institute for Botanical Research conducted a groundbreaking study on the anti-SARS-CoV2 activity of 30 medicinal plants. Arizona State University and SCNM collaborated on a clinical trial on Vitamin D levels in COVID-19 patients. When social unrest erupted following the killings of unarmed black men and women, SCNM partnered with ASU’s Center for the Study of Race and Democracy to begin the hard work of ensuring a more diverse, inclusive and equitable experience for all members of our community. Despite the sense of existential threat to the College, especially in the pandemic’s early days, we made the commitment to not furlough or lay off employees, and to not pass on the safety and technology costs to students by keeping tuition flat.

Read on if you share these Core Values, the Vision of a World that embraces the healing power of nature, and a dedication to becoming a naturopathic physician. The SCNM Experience awaits you.

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Research

Student-led research focuses on botanicals bridging the gap between naturopathic and conventional medicine. In 2021, research opportunities for students will grow with the addition of the Ric Scalzo Institute for Botanical Research. The Institute will conduct analytical testing, cellular and molecular biology assays, and metabolomic testing to advance botanical medicine.

Featured on Page 20-21

Community

Enjoy a collaborative, intimate campus with the amenities of a modern campus including access to two on-site medical centers, fitness center, healthy café, yoga studio, and teaching kitchen.

Location

Practicing medicine in Arizona allows for one of the widest scopes of practice for licensed naturopathic doctors, giving SCNM students the broadest training in all facets of naturopathic medicine.

Featured on Page 8-9

Outreach

SCNM’s participation in seven community clinics as well as student organizations like Naturopaths Without Borders allow students to care for underserved populations.

Featured on Page 23, 29

Academic & Clinical Experiences

Passion for teaching and a profound belief in the medicine binds SCNM faculty. This creates a strong didactic and clinical education experience.

Featured on Page 24-25

Career Success

SCNM has a comprehensive suite of career services available to naturopathic medical students, ensuring students have access to the most career opportunities upon graduation.

Featured on Page 26-33
The education will change your life and the career will make the world a better place.

Do you have the mind of a doctor and the heart of a healer? Find your future at SCNM.

SCNM prepares its students to make a difference in the rapidly changing field of healthcare. From our integrated curriculum and wide scope of practice to our state-of-the-art medical center and strong sense of community, SCNM’s rich learning environment focuses on innovation and cutting-edge research while honoring the principles of naturopathic medicine. SCNM is a place where passionate, like-minded students, faculty, and staff come together to make a difference in people’s lives.

We believe in combining the evidence-based approach of conventional medicine with time-tested natural healing therapies. Our graduates go on to successful careers – including establishing flourishing practices, either on their own or alongside conventional medical practitioners, while simultaneously helping shape the way our world views healthcare.

Student Services

At SCNM, we want your student experience to be as rewarding, fulfilling and inspiring as possible. We offer a host of student resources to support student success while at SCNM and as you transition into the professional world.

Advising
Our advising office offers personalized academic support.

Student Support Center
We deliver seamless student services, from registration/records to financial aid to student accounts.

Career Center
SCNM’s Career Center, the first among ND schools, provides planning, online resources such as NDjoblink.com, and connections for lifelong resources.

Counseling
Counseling services provide short-term one-on-one counseling for a variety of student concerns including stress, anxiety, relationships, change, and more. The counselor is also available to assist in identifying long-term solutions, if needed.

Learning Specialist
This full-time staff member provides academic support to students at SCNM via individual and group sessions in the areas of study skills assessment, test-taking strategies, and note taking.

Financial Aid
Students receive quarterly support throughout the financial aid process. To increase student financial literacy and decrease student debt, free seminars and support tools are provided throughout all phases of a student’s journey.

IT Helpdesk
We provide basic IT support for students, including access to various campus software.

Healthcare
Students enjoy discounted services at the SCNM Medical Center and Medicinary.

Doctoré Development Center
This formal tutoring center provides free one-on-one academic tutoring for students.

Licensing Exams
NPLEX course review and sample test questions are available.

Student Government Association (SGA)
The SGA ensures clear and organized communication between the student body and college Administration. SCNM supports student representation at all levels of the college.

The education will change your life and the career will make the world a better place.
With more than 300 days of sunshine each year, Arizona is a mecca for nature and outdoor enthusiasts. Enjoy hiking, biking, boating, swimming, golf, tennis, horseback riding, and even skiing and snowboarding during the winter months with just a short drive north to the mountains.

Take a weekend trip to Arizona destinations including Sedona, Tucson, the Grand Canyon, Mogollon Rim, and the White Mountains. Phoenix’s central location also makes it easy to drive to the bright lights of Las Vegas and the beaches of southern California or Mexico in just a few hours.

In Arizona, the choice is yours – nowhere else will you find so much to choose from.
SCNM is situated on an eight-acre urban campus in the Greater Phoenix Metro suburb of Tempe, Arizona. SCNM shares Tempe with Arizona State University, thereby providing our students with a rich college atmosphere and an abundance of affordable housing, research, and entertainment opportunities. Tempe is part of the Greater Phoenix Metro area in Maricopa County, one of the fastest growing counties in the country. With the largest park system in the United States, Maricopa County has 189 parks and 33,000 acres featuring a beautiful landscape for hiking, camping, cycling, climbing, and swimming.

In addition to being a vibrant, fast-growing metropolitan area, Tempe is the most affordable city compared to other cities with naturopathic medical schools.

Community Commons
Community Commons is the heartbeat of the SCNM campus and encompasses a state-of-the-art education facility featuring:

- Neil Riordan Center for Regenerative Medicine
- Medicinary
- Fitness Room & Yoga Studio
- Library
- Thorne Auditorium
- 18 Private Study Rooms
- Teaching Kitchen & Café

The Community Commons demonstrates SCNM’s commitment to sustainability, holding a Leadership in Energy and Environmental Design (LEED)-platinum certification, the highest honor award for using best-in-class building strategies and practices.


Tempe, AZ: $13,700
Toronto, ON: $15,079
Vancouver, BC: $15,124
Portland, OR: $15,133
Chicago, IL: $15,556
San Diego, CA: $15,936
Seattle, WA: $16,370

LEED certification was made possible by a donation from The Perfect City.
Naturopathic Medicine: Treat The Whole Person

Treating the whole person requires a profound understanding of the patient as an individual. Naturopathic doctors identify the underlying cause of a condition and combine the best of conventional medicine and alternative therapies to help achieve optimal health. By expertly guiding the patient toward positive lifestyle changes, naturopathic doctors are the foremost experts in preventative medicine.

Naturopathic medicine is also on the forefront of treating chronic diseases including heart disease, cancer, and diabetes as well as non-opioid pain management. When you become a naturopathic doctor, you will be joining a respected and financially rewarding profession helping to solve significant medical challenges and improve the lives of your patients.

If you choose to stay in Arizona after graduation, the state offers one of the largest scopes of practice for licensed naturopathic physicians. This gives naturopathic doctors prescriptive authority, the ability to administer IV-therapy, as well as practice acupuncture.

Principles of Naturopathic Medicine

Primum Non Nocere
First, Do No Harm

Vis Medicatrix Naturae
The Healing Power of Nature

Tolle Causam
Treat the Fundamental Cause

Tolle Totum
Treat the Whole Person

Docere
Doctor as Teacher

Praevenire
Practice Prevention
Achieve Success Wherever You Practice

As of August 2020, twenty-two states and five Canadian provinces regulate naturopathic medicine and license naturopathic physicians. In these areas, including Arizona and California, naturopathic physicians must pass either national or state/provincial board examinations and must have graduated from an accredited four-year, graduate level naturopathic medical school such as SCNM. While naturopathic doctors may practice in unregulated areas, their scope of practice may vary.

Concurrent Degrees

Earn a Doctor of Naturopathic Medicine degree from SCNM with either:

- Master of Science in Clinical Nutrition (MSCN)
- Master of Science in Acupuncture (LAc)
- Master of Public Health

American Association of Naturopathic Physicians (AANP) & Association of Accredited Naturopathic Medical Colleges (AANMC)

As of July 29, 2020

A Wide Scope of Modalities & Therapies

The Doctor of Naturopathic Medicine (ND) degree program combines rigorous academic study with extensive supervised clinical practice. This on-campus, four-year program exceeds the Council on Naturopathic Medical Education’s clinical education requirements.

Students begin by studying the biomedical sciences, principles of naturopathic medicine, and basic clinical skills. After establishing this solid foundation, students progress to clinical and laboratory diagnosis, pathology, and diagnostic imaging. The focus on clinical training in years three and four establishes a sound understanding of human health, disease, and general medical practice.

The state of Arizona allows for one of the widest scopes of practice for licensed naturopathic doctors, which is one reason why SCNM students receive the broadest training in all facets of naturopathic medicine including acupuncture, the ability to administer IV therapies, and prescriptive authority.

Complementary and alternative medicine is expected to surpass $200 billion in global market size within the next ten years.

Grandview Research, 2018

Therapies Taught

- Acupuncture & Oriental Medicine
- Botanical Medicine
- Environmental Medicine
- Homeopathy
- Hydrotherapy
- Injection Therapies
- IV Therapies
- Mind-Body Medicine
- Mindfulness Techniques
- Minor Surgery
- Nutrition
- Pharmacotherapy
- Physical Medicine
- Sports Medicine

Concurrent Degrees

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- Master of Science in Clinical Nutrition (MSCN)
- Master of Science in Acupuncture (LAc)
- Master of Public Health

Southwest College of Naturopathic Medicine & Health Sciences

Phoenix Institute of Herbal Medicine & Acupuncture

University of Arizona’s Mel & Enid Zuckerman College of Public Health

Surplus of Opportunities Large Scope of Medicine
Overview - 4 Year Program of Study

**YEAR 1**

**Basic Sciences**
- Biochemistry/Medical Genetics
- Microbiology
- Immunology
- Anatomy & Physiology
- Integrated Case Studies

**Research**
- Introduction to Clinical Practice
- Start thinking like a doctor on your first day. Year one begins with patient interviewing, ethics, jurisprudence, and community health. You’ll make oral case presentations, practice skills on one another and standardized patients, practice charting, and begin field observation.

**History and Philosophy of Naturopathic Medicine**

**YEAR 2**

**General Medical Diagnosis**
**Clinical Practice**
- Participate in the field observation program, perform physical exams on standardized patients, continue charting in the electronic health records system, and perform in depth case analysis.

**Therapeutics I**
- Botanical Medicine
- Environmental Medicine
- Homeopathy
- Hydrotherapy
- Mind-Body Medicine
- Nutrition
- Oriental Medicine
- Pharmacology
- Physical Medicine

**Practice Management**
- NPLEX I Review Course
- Built into curriculum at end of year 2 to help you prepare for board exams.

**Medicinal, Lab & IV Therapy Posts**

**Didactic Selectives**

**YEAR 3**

**Clerkships**
- Begin practicing excellent patient care under the supervision of an attending physician.

**General Medical Practice**
- Cardiovascular Health
- Dermatology
- EENT
- Endocrinology
- Gastroenterology
- Gynecology/Obstetrics
- Hematology
- Pediatrics
- Pathology
- Therapeutics II
- Botanical Medicine
- Homeopathy
- Minor Body Medicine
- Minor Surgery
- Nutrition
- Oriental Medicine

**Practice Management**
- Emergency Medicine
- Objective Structured Clinical Exam (OSCE)

**Didactic & Clinical Selectives**

**YEAR 4**

**Clerkships**
- Continue treating patients under the supervision of an attending physician.

**General Medical Practice**
- Geriatrics
- Men’s Health
- Neurology
- Oncology
- Orthopedics
- Rheumatology
- Urology

**Therapeutics III**
- Minor Body Medicine
- Minor Surgery

**Practice Management**
- NPLEX II Review Course
- Built into curriculum at end of year 4 to help you prepare for board exams.

**Didactic & Clinical Selectives**

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**Curriculum Highlights**

- Clinical experiences start on the first day and continue throughout the curriculum
- Integration of content by body systems
- Case-based instruction and testing in preparation for Objective Structural Clinical Examination (OSCE) and NPLEX Parts I & II
- Field observation shadowing community physicians in the first two years of study
- Elective off-site program shadowing physicians in the fourth year of study
- Standardized patient program
- Honors tracks in community health, pediatrics, regenerative medicine, nature cure, and pain management
- Dedicated focus on your future career as a naturopathic doctor

SCNM has distinct honors tracks in community health, pediatrics, regenerative medicine, and nature cure. These focused areas of clinical education can help position students for competitive post-graduate opportunities and residencies.
Clinical Education by the Numbers

Clinical training at SCNM is designed to build knowledge in a natural progression to achieve the most seamless medical education experience. Our demanding program exceeds the clinical education requirements as prescribed by the Council of Naturopathic Medical Education (CNME).

While at SCNM, you will experience:

**Overview - 5 Year Program of Study**

**YEAR 1**
Basic Sciences
Anatomy & Physiology
Integrated Case Studies

**YEAR 2**
Basic Sciences
Biochemistry/Medical Genetics
Microbiology
Immunology
Integrated Case Studies
Research
Introduction to Clinical Practice
Start thinking like a doctor on your first day. Year one begins with patient interviewing, ethics, jurisprudence and community health. You’ll make oral case presentations, practice skills on one another and standardized patients, practice charting and begin field observation.

History and Philosophy of Naturopathic Medicine

**YEAR 3**
General Medical Diagnosis
Clinical Practice
Participate in the field observation program, perform physical exams on standardized patients, continue charting in the electronic health records system and perform in-depth case analysis.

Therapeutics I
Botanical Medicine
Environmental Medicine
Homeopathy
Mind Body Medicine
Nutrition
Oriental Medicine
Pharmacology
Physical Medicine

Practice Management

NPLEX I Review Course
Built into curriculum at end of year 3 to help you prepare for board exams.

Medicinal, Lab & IV-Therapy Posts
Didactic Selectives

**YEAR 4**
Clerkships
Begin practicing excellent patient care under the supervision of an attending physician.

General Medical Practice
Cardiovascular Health
Dermatology
Endocrinology
Gastroenterology
Gynecology/Obstetrics
Hematology
Pediatrics
Pulmonology

Therapeutics II
Botanical Medicine
Homeopathy
Mind Body Medicine
Nutrition
Oriental Medicine

Practice Management

Emergency Medicine
Didactic Selectives

**YEAR 5**
Clerkships
Continue treating patients under the supervision of an attending physician.

General Medical Practice
Genetics
Meds Health
Neurology
Oncology
Orthopedics
Rheumatology
Urology

Therapeutics III
Mind Body Medicine
Minor Surgery
Practice Management

Didactic & Clinical Selectives

NPLEX II Review Course
Built into curriculum at end of year 5 to help you prepare for board exams.

Medicinal, Lab & IV-Therapy Posts
Didactic Selectives

Clinical Education by the Numbers

First year contact hours on didactic and lab clinical experiences: 132

Contact hours in the Medicinal, IV, and laboratory during the first two years: 22

Contact hours for team-based direct patient care: 1,232

Clinical rotations: 27

Contact hours shadowing private practice naturopathic physicians during the first two years: 44

Contact hours at elective site clerkships during final two years: 220

Contact hours shadowing private practice naturopathic physicians during the final two years: 44

Average number of patients you will see at SCNM (CNME requires 500): 664

**Contact hours shadowing private practice naturopathic physicians during the final two years: 44**

**Clinical rotations: 27**

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**Clinical Education by the Numbers**
Thanks to a generous donation, SCNN will open a new Ric Scalzo Institute for Botanical Research BSL-2 laboratory in 2021. The Institute’s mission is to understand how traditional plant medicines operate on a cellular level in order to create novel botanical solutions that support personal health and planet health.

For the past 18 years, the SCNN research team has conducted, presented, and published research on the anti-viral properties of carnivorous and non-carnivorous plants and insects, including NanoTech Echinacea species that elucidated its anti-viral and anti-inflammatory effects and discovered the responsible compounds in 2021. Jeffrey Langland, PhD and SCNN, has presented and published research on the anti-viral properties of carnivorous and non-carnivorous plants and insects, including NanoTech Echinacea species, compared and contrasted the anti-bacterial activity of honey varieties, essential oils, and herbal formulas, and identified and evaluated any anti-viral and anti-fungal herbs, including those against antibiotic resistant microorganisms. The Institute is developing a tissue culture model to study the germineral effects of botanicals to evaluate and compare the cellular responses to a variety of 21st century botanical medicines. This work includes a 5-year study on Cannabis sativa L. industrial hemp cultivars and botanicals improved in skin care and health.

Most recently, Jeffrey Langland shifted his focus to the global pandemic caused by the SARS-CoV-2 virus. Utilizing information from previous research on antiviral botanicals, traditional Chinese medicines, and personal communication with over 20 medicinal herbalists, Jeffrey Langland, PhD and SCNN, have conducted, presented, and published research on the anti-viral properties of carnivorous and non-carnivorous plants and insects, including NanoTech Echinacea species that elucidated its anti-viral and anti-inflammatory effects and discovered the responsible compounds in 2021. Jeffrey Langland, PhD and SCNN, has presented and published research on the anti-viral properties of carnivorous and non-carnivorous plants and insects, including NanoTech Echinacea species, compared and contrasted the anti-bacterial activity of honey varieties, essential oils, and herbal formulas, and identified and evaluated any anti-viral and anti-fungal herbs, including those against antibiotic resistant microorganisms. The Institute is developing a tissue culture model to study the germineral effects of botanicals to evaluate and compare the cellular responses to a variety of 21st century botanical medicines. This work includes a 5-year study on Cannabis sativa L. industrial hemp cultivars and botanicals improved in skin care and health.

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Embracing Diversity

SCNM understands that providing culturally-competent care starts in medical school. Our curriculum and community outreach programs are designed to prepare you for the ever-changing landscape of healthcare.

With students from several continents, our student body brings an array of ideals and backgrounds that all benefit the SCNM community. Our students learn from a diverse faculty that includes NDs, MDs, DCs, LAcSS and PhDs. This diversity extends to our patient populations and your clinical experiences. From your experience in Naturopaths Without Borders, to training in our community clinics treating underserved populations, to monthly wellness clinics and patient visits in the Medical Center, you’ll be exposed to patients with varying pathologies and see an array of people from different ethnic and socio-cultural backgrounds. You’ll also have the opportunity to travel and explore medical care in other cultures. At SCNM, you will receive the training to provide the highest quality of care to all your patients.

In 2020, SCNM was awarded the Campus Prevention Network Seal of Prevention™ for our efforts to create a safer, more inclusive campus.

SCNM will continue to work with ASU’s Center for the Study of Race and Democracy to evaluate the health of our community in order to draft a formal Diversity, Equity, and Inclusion plan – an integral part of the College’s 5-year Strategic Plan.

Community Clinics

Students are required to have off-site observations at some of our partner community clinics. These experiences provide students with more knowledge within a variety of patient population settings and opportunities to give back to the community.

Changing Lives

Healthcare for women and children recovering from various types of trauma through the Phoenix Rescue Mission program

Hamilton Elementary School Clinic
Pediatric & family care for underserved students and families from the Murphy School District

Mission of Mercy
Medical mobile unit & family practice for the uninsured

Roosevelt Health Center
Pediatric and family care for underserved students and families from the Roosevelt School District

Sojourner Center
Women & pediatrics healthcare for victims of domestic violence

Southwest Center for HIV/AIDS
HIV/AIDS treatment, resource, and research center

The Source Naturopathic Medical Clinic
Substance abuse rehabilitation center

Community Clinics

- United as One Community Clinics
Neil Riordan Center for Regenerative Medicine

For two generations the name Riordan has been synonymous with medical advances harnessing the body’s innate healing ability. Neil Riordan Center for Regenerative Medicine is building on this legacy, turning the tide from symptom suppression to regeneration and healing. Opened in late 2018 and replacing the Pain Relief Center, the Neil Riordan Center for Regenerative Medicine is located in a 6,200-square foot space on the ground floor of the SCNM Community Commons building. Through patient care, research, and medical education, the Neil Riordan Center for Regenerative Medicine is helping to usher in a new era of non-opioid approaches to treating pain and chronic disease.

Patient Care Features

- Newly expanded surgical suite
- 27 examination rooms
- 10 minor surgery suite
- 2 open treatment bays
- 2 counseling rooms
- C-arm fluoroscope
- Ultrasound guided injection therapies

SCNM Medical Center

The SCNM Medical Center creates a clinical environment unique to any naturopathic clinical setting. Hydrotherapy, a core modality in naturopathic medicine and an important component of European water spas, comprises nearly thirty percent of the Center and includes a custom-designed steam area, two saunas (far infrared/radiant), a hydrotherapy/color therapy suite, and a colon hydrotherapy suite. There are also two minor surgery suites with high definition video equipment for recording or transmitting certain procedures, with patient consent, for learning purposes. Intravenous therapies, which can be a prominent treatment method for many health conditions, are provided in the IV Suite.

Patients at either facility have convenient access to on-site laboratory services as well as the SCNM Medicinary, the largest open-to-the-public medicinary in Arizona.
Graduate Success

Equipped with a broad understanding of both evidence-based science and naturopathic principles, you’ll transition from being a student to practicing naturopathic clinician, researcher, nutraceutical engineer, public health professional, or educator. Regardless of your path, you are entering a dynamic and growing profession.

Dr. Meghna Thacker
Naturopathic Physician
Amazon Best-selling Author of “Seven Steps to Heal your Thyroid”
Class of 2007

Career Services

SCNM’s Career Services department offers students the resources to begin their journey to becoming NDs. We help students gain networking opportunities, receive help with resume writing and creating business plans. Students have access to job boards and conferences, speaker series and business classes, plus SCNM’s NDjoblink.com, the first naturopathic doctor-focused job search site.

Graduates Ready to Make a Difference
Prepared and Successful

NPLEX Exam Preparation

SCNM includes NPLEX preparation in the curriculum. The NPLEX is a two-part exam. The first part focuses on Biomedical Sciences and is taken after the second year of coursework. The second part is focused on Core Clinical Sciences and is taken after graduation.
2019-2020 Student Profile

Student Population

- International: 15%
- U.S. Resident: 85%

29.6
Average Age

Ethnicity

- White: 47%
- Hispanic/Latino: 15%
- Asian: 15%
- Black/African American: 10%
- International: 7%
- Native American: 3%
- Other/Unknown: 3%

Undergrad Degrees

- Life Sciences: 28%
- Health Sciences: 29%
- Behavioral Sciences: 20%
- Business: 80%
- Physical Education: 11%
- Physical Sciences: 16%
- Social Sciences: 15%
- Liberal Arts: 17%

Student Organizations

- Applied Kinesiology
- Botanical Medicine Club
- Entheogenic Research Awareness (ERA)
- GenX Med
- LGBT+
- N-ACT
- MOSAIC & White Coats for Black Lives
- Natural Aesthetic Club
- Natural Speakers
- Naturopathic Midwifery Club
- Naturopathic Society
- Naturopreneur Society
- Naturopaths Without Borders (Founded at SCNM)
- Perspective
- Sports Medicine
- Student of Naturopathic Oncology
- Student Veterans of America
- Who We Are

Student Involvement
Discover the Physician Within You and Change the World Around You

SCNM Alumni

93% believe the ND program at SCNM has provided support with their ND career goal
84% are satisfied with the prestige of their physician role
88% have a better quality of life since becoming an ND
92% believe themselves successful

SCNM Alumni Practice Types*

51% I own my own practice
13% Employed by a company, not providing health services & using SCNM degree
15% Independent operation in a shared health & wellness space
21% Employed by a clinic or healthcare institution

High Job Satisfaction

* AANMC 2016 Graduate Success and Compensation Study
† of all survey respondents.

August 2018 survey of SCNM Alumni employed in ND-related field.

Decision to become an ND
74% are satisfied or very satisfied

Work-life balance
70% are satisfied or very satisfied

Satisfaction of allopathic physicians in the U.S.
67% are satisfied or very satisfied

Satisfaction of allopathic physicians in the U.S.
41% are satisfied or very satisfied

† are satisfied or very satisfied

"Decision to become an ND" "Work-life balance" "Satisfaction of allopathic physicians in the U.S." 
* AANMC 2016 Graduate Success and Compensation Study
† of all survey respondents.

Included in program costs for illustrative purposes. SCNM does not guarantee all graduates upon graduation. SCNM is a for-profit, not-for-profit corporation accredited by the Higher Learning Commission, www.hlcommission.org, and approved to offer degrees by the Arizona Board of Private Postsecondary Education. SCNM's ND program is accredited by the Council on Naturopathic Medical Education (CNME), www.cnme.org.

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A Confident Grad
A Career You’ll Love
Danielle Lewis, ND

Dr. Danielle Lewis is skilled in treating common conditions that affect women of all ages. She is certified in Holistic Pelvic Care (TM), which is a technique she uses to help women with pelvic pain, incontinence, postpartum healing, and painful sex. Dr. Lewis conducted medical research on the clinical applications and effectiveness of botanical therapies in treating common digestive issues such as SIBO. She is skilled in acupuncture and other pain management therapies. Dr. Lewis combines her background in physical therapy with her knowledge of injection techniques that restore normal function and decrease pain in joints. Dr. Lewis attained her degree from Southwest College of Naturopathic Medicine and has a bachelors degree from Old Dominion University in Health Science and Management. After graduating from naturopathic medical school, Dr. Lewis completed 2 years of residency in Phoenix, AZ in a setting that focused on women’s medicine and primary care. After completing residency, she started her own practice called Harmony Medical Group.

Steven Sorr, NMD

Dr. Steven Sorr is a highly recognized naturopathic physician who loves sharing his passion and expertise for living a healthy life blending modern science and traditional wisdom. He holds faculty positions at ASU as a Pre-Health Internship Preceptor and teaches nutrition, anatomy, and physiology for yoga teaching training programs here in the Valley. He has been featured in local news media as well as high-profile venues speaking on both regenerative and functional medicine. Dr. Sorr is the founder and medical director at Source of Health as well as medical director for Bodify, the #1 cool sculpting boutique in the Southwest. He is an alumnus of both Southwest College of Naturopathic Medicine and Arizona State University. In addition to his medical career, he is a yoga instructor at The Village Health Club and a former Le Cordon Bleu trained Chef. Dr. Sorr brings years of experience across many fields to the table when approaching patient care and is proud to offer safe and effective solutions to common healthcare concerns without drugs or surgery.

Lillea Hartwell, ND

Dr. Lillea Hartwell is a general medicine practitioner focusing on the treatment of autoimmunity, infectious disease and endocrine disorders. At her clinic, Saguaro Blossom Medical Center, she uses the full range of naturopathic medicine, including procedures like minor surgery, intravenous and intramuscular injectables, as well as acupuncture. She also frequently utilizes clinical nutrition, botanical medicine, homopathy and many other modalities to support the healing process of her patients. By her early 20s, Dr. Hartwell was diagnosed with multiple autoimmune conditions and chronic infectious diseases her doctors told her were incurable and often did not believe her symptoms. She sought answers for herself and found them in the many modalities of naturopathic medicine. Before attending SCNM, she completed rigorous coursework to earn her Honors Bachelors of Science in Plant Sciences, with an emphasis in medicinal ethnobotany and a minor in Environmental Sciences from the University of Arizona.
Prerequisite Coursework

To enroll at SCNM, prospective students must complete a baccalaureate degree from an accredited four-year college or university as well as have completed the required prerequisite coursework with a minimum GPA of 3.0. We encourage applicants to send unofficial transcripts for a free prerequisite evaluation. Email your unofficial transcripts to admissions@scnm.edu and include your full name, mailing address, and phone number.

This list indicates minimum requirements for prerequisite coursework, and it should not be inferred that admission is guaranteed for any applicant who meets these requirements. Applicants with science courses older than seven (7) years must demonstrate competency in the discipline(s) in question and will be evaluated on a case-by-case basis.

<table>
<thead>
<tr>
<th>Subject</th>
<th>Semester Credits</th>
<th>Quarter Credits</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology</td>
<td>12</td>
<td>18</td>
<td>Courses with lab for science majors</td>
</tr>
<tr>
<td>Organic Chemistry</td>
<td>3</td>
<td>4.5</td>
<td>Courses with lab for science majors</td>
</tr>
<tr>
<td>Biochemistry or Organic Chemistry II</td>
<td>3</td>
<td>4.5</td>
<td>Course for science majors. Lab optional.</td>
</tr>
<tr>
<td>Psychology</td>
<td>3</td>
<td>4.5</td>
<td>Developmental Psychology recommended.</td>
</tr>
<tr>
<td>English</td>
<td>6</td>
<td>9</td>
<td>Three (3) English composition credits required.</td>
</tr>
<tr>
<td>Humanities</td>
<td>6</td>
<td>9</td>
<td>Acceptable coursework includes philosophy, art, history, foreign language, religion, women's studies.</td>
</tr>
</tbody>
</table>

Applicants are considered on the basis of academic performance, occupational history, professional potential, maturity, concern for others, and an appreciation of natural medicine.

Application Process

SCNM accepts applications on a rolling basis for both spring and fall classes.

Application requirements, deadlines, and a link to SCNM's application are available at www.scnm.edu/admissions/requirements or by calling 888-882-7266.

Applications may be submitted online via the Doctor of Naturopathic Medicine Centralized Application Service NDCAS.org or to SCNM Admissions directly:

www.scnm.edu/admissions/apply

Tuition, books, and living expenses may be covered by federal financial aid for those who qualify. Approximately 90% of SCNM students receive financial aid in the form of Federal Stafford loans. For more information on applying for financial aid, contact the SCNM Financial Aid Office toll-free at 888-882-7266 or email finaid@scnm.edu

My Application Checklist

☐ Application submitted through the SCNM Admissions Portal: scnm.edu/admissions/apply or via NDCAS.org
☐ Non-refundable application fee of $115
☐ Three (3) Letters of Recommendation:
  - One (1) academic
  - One (1) from a regulated healthcare professional
  - One (1) additional from either of the two categories or a past employer or volunteer supervisor
☐ Personal essay
☐ Curriculum Vitae (CV) or resume
☐ Transcripts from all post-secondary institutions attended
☐ In-person or virtual interview

Tuition, books, and living expenses may be covered by federal financial aid for those who qualify. Approximately 90% of SCNM students receive financial aid in the form of Federal Stafford loans. For more information on applying for financial aid, contact the SCNM Financial Aid Office toll-free at 888-882-7266 or email finaid@scnm.edu
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SCNM does not discriminate on the basis of race, ethnicity, gender, social-economic background, religion, sexual orientation, gender expression or identity, age, disability, veteran status, nationality, thinking styles, or life experiences in the administration of educational policies, admission policies, financial aid, employment, or any other program or activity.